

**Supplementary Table II. Predictors for dynapenia**

Variable	Adjusted odds ratio	95% confidence interval	<i>P</i> value
Age (75-84 yr)	0.3	0.0 - 4.2	0.4
Sex (Female)	7.7	1.6 - 36.3	0.0*
Socioeconomic status (SES)			
SES (Lower middle)	243.9	16.9 - 3521.6	<0.0*
SES (Upper middle/Upper)	20.2	2.0 - 204.0	0.0*
Family (Joint)	2.3	0.7 - 8.4	0.2
No. of comorbidities ( $\geq 2$ )	0.7	0.2 - 2.4	0.6
Body mass index (BMI)			
BMI (Healthy weight: 18.5 to 24.9 kg)	64.7	†	1.0
BMI (Overweight: 25.0 to 29.9 kg)	131.9	†	1.0
Clinical frailty score ( $\geq 5$ )	8.9	†	1.0
Depression (Yes)	0.3	0.0 - 1.8	0.2
Gait speed (<0.8 m/s)	22.7	3.0 - 174.0	0.0*
Severe sarcopenia (Yes)	†	†	1.0

\*Statistically significant ( $P < 0.05$ )

†Confidence intervals could not be reliably estimated due to low sample size