

Supplementary Tables

Supplementary Table I. Correlation matrix of muscle strength, physical performance, and psychosocial variables						
Variable		Hand grip strength (Kg)	Gait speed (m/s)	Knee extension strength-to-weight ratio	Clinical frailty score	Depression
Hand grip strength (Kg)	Pearson Correlation	1	0.4**	0.8**	-0.4**	-0.2
	Sig. (2-tailed)		0.0	0.0	0.0	0.1
	N	128	128	128	128	128
Gait speed (m/s)	Pearson Correlation	0.4**	1	0.2*	-0.5**	-0.1
	Sig. (2-tailed)	0.0		0.0	0.0	0.1
	N	128	128	128	128	128
Knee extension strength-to-weight ratio	Pearson Correlation	0.8**	0.1*	1	-0.3**	-0.1
	Sig. (2-tailed)	0.0	0.0		0.0	0.1
	N	128	128	128	128	128
Clinical frailty score	Pearson Correlation	-0.4**	-0.5**	-0.3**	1	0.1
	Sig. (2-tailed)	0.0	0.0	0.0		0.10
	N	128	128	128	128	128
Depression	Pearson Correlation	-0.2	-0.1	-0.1	0.1	1
	Sig. (2-tailed)	0.09	0.1	0.1	0.1	
	N	128	128	128	128	128

**Correlation is significant at the 0.01 level (2-tailed)
*Correlation is significant at the 0.05 level (2-tailed)