

Supplementary Table I. Prevalence of frailty across Indian States

State	Robust (%)	Pre-frailty (%)	Frailty (%)
Arunachal	4.8	53.9	41.3
Telangana	5.4	53.5	41
Mizoram	6.3	54.6	39.1
Meghalaya	2.5	60.5	37
Bihar	9.1	55.2	35.7
Haryana	7.2	58	34.8
Madhya Pradesh	9.3	57	33.7
Odisha	13.1	54.3	32.6
Uttar Pradesh	10.8	56.8	32.4
Chhattisgarh	10.8	58.1	31.1
Kerala	8	61	31
Jammu & Kashmir	9.4	59.8	30.8
Daman & Diu	10.2	59.2	30.6
Jharkhand	12	57.6	30.4
Andhra Pradesh	8.7	60.9	30.4
Karnataka	12.4	57.7	29.9
West Bengal	6.6	63.8	29.7
Delhi	4.2	66.7	29.1
Rajasthan	12.6	58.4	29
Goa	13.7	58.2	28.1
Tamil Nadu	18.7	53.7	27.6
Gujarat	11.7	60.8	27.5
Dadra & Nagar Haveli	12.1	60.7	27.2
Assam	16.1	57	26.9
Tripura	8.1	65.5	26.4
Manipur	8.6	65.4	25.9
Maharashtra	17.1	57.3	25.6
Andaman & Nicobar	11.9	63.3	24.8
Lakshadweep	10.4	67.1	22.6
Punjab	13.9	64.7	21.4
Chandigarh	14.9	64.7	20.4
Himachal Pradesh	21.8	60.3	17.9
Puducherry	24.5	57.7	17.8
Nagaland	25.5	58.8	15.7
Uttarakhand	24.8	60.7	14.5