



## Geographic information system-based mapping of air pollution & emergency room visits of patients for acute respiratory symptoms in Delhi, India (March 2018-February 2019)

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**Background & objectives:** Studies assessing the spatial and temporal association of ambient air pollution with emergency room visits of patients having acute respiratory symptoms in Delhi are lacking. Therefore, the present study explored the relationship between spatio-temporal variation of particulate matter (PM)<sub>2.5</sub> concentrations and air quality index (AQI) with emergency room (ER) visits of patients having acute respiratory symptoms in Delhi using the geographic information system (GIS) approach.

**Methods:** The daily number of ER visits of patients having acute respiratory symptoms (less than or equal to two weeks) was recorded from the ER of four hospitals of Delhi from March 2018 to February 2019. Daily outdoor PM<sub>2.5</sub> concentrations and air quality index (AQI) were obtained from the Delhi Pollution Control Committee. Spatial distribution of patients with acute respiratory symptoms visiting ER, PM<sub>2.5</sub> concentrations and AQI were mapped for three seasons of Delhi using ArcGIS software.

**Results:** Of the 70,594 patients screened from ER, 18,063 eligible patients were enrolled in the study. Winter days had poor AQI compared to moderate and satisfactory AQI during summer and monsoon days, respectively. None of the days reported good AQI (<50). During winters, an increase in acute respiratory ER visits of patients was associated with higher PM<sub>2.5</sub> concentrations in the highly polluted northwest region of Delhi. In contrast, a lower number of acute respiratory ER visits of patients were seen from the 'moderately polluted' south-west region of Delhi with relatively lower PM<sub>2.5</sub> concentrations.

**Interpretation & conclusions:** Acute respiratory ER visits of patients were related to regional PM<sub>2.5</sub> concentrations and AQI that differed during the three seasons of Delhi. The present study provides

**support for identifying the hotspots and implementation of focused, intensive decentralized strategies to control ambient air pollution in worst-affected areas, in addition to the general city-wise strategies.**

**Key words** Air pollution - AQI - ambient - children - Delhi - emergency room visits - geographic information system - PM<sub>2.5</sub>

The national capital of India, Delhi, is amongst one of the most-polluted cities of the world<sup>1,2</sup> and is facing major environmental challenge<sup>3</sup>. In Delhi, per 10 unit increase in the concentration of sulphur dioxide and particulate matter (PM)<sub>10</sub> increases respiratory disease-related hospital visits by 83 and 0.21 per cent, respectively, at a previous lag of 0-6 days<sup>4,5</sup>. Ambient air pollutant levels of PM<sub>2.5</sub>, PM<sub>10</sub>, sulphur dioxide (SO<sub>2</sub>), nitrogen dioxide (NO<sub>2</sub>), ozone (O<sub>3</sub>) and carbon monoxide (CO) in Delhi have been reported to exceed Indian National Ambient Air Quality Standards<sup>6</sup>. Fine particles having diameter of  $\leq 2.5 \mu\text{m}$  (PM<sub>2.5</sub>) are more hazardous to human health than other pollutants and are used as a common measure for air pollution<sup>1,7</sup>. Smaller size PM is associated with higher fraction of redox-active components and is, therefore, highly toxic<sup>8</sup>. In 2017, Delhi reported having the highest annual population-weighted mean PM<sub>2.5</sub> concentration (209  $\mu\text{g}/\text{m}^3$ )<sup>9</sup> much above the Indian (40  $\mu\text{g}/\text{m}^3$ )<sup>10</sup> and WHO-recommended limit (10  $\mu\text{g}/\text{m}^3$ )<sup>2</sup>. The alarming levels of PM<sub>2.5</sub> are regional problem and are significantly contributed by vehicular (20%) and industrial emissions (11%), cooking related emissions, biomass burning, construction activities, burning of *Kharif* (local term for monsoon or autumn crops) crop residue, windblown dust, Diwali fireworks, *etc.*<sup>1,3,10-13</sup>, and meteorological factors (temperature, relative humidity and wind velocity, *etc.*)<sup>14</sup>. The major chemical components of PM<sub>2.5</sub> include secondary inorganic aerosol (16-28%), organic matter (13-20%), elemental carbon (4.6-6.3%), chloride (4.5-7.9%) and metals (14-24%). The levels of PM<sub>2.5</sub> are ~20-30 per cent higher in winter than in the summer months due to high total secondary aerosols and combustion-related total carbonaceous matter (elemental carbon + organic matter). However, the crustal matter is observed to be higher in summer (42%) than in winter (9%)<sup>1,13</sup>. Various time-series studies suggest that short-term exposure to PM<sub>2.5</sub> can induce acute respiratory symptoms such as cough and difficulty in breathing and aggravation of pre-existing condition<sup>15-19</sup> while long-term exposure to PM<sub>2.5</sub> can result in the development of cardiovascular and respiratory diseases<sup>7,15</sup>. Several epidemiological studies have documented that ambient PM levels in Delhi are associated with increased respiratory morbidity and

mortality<sup>5,16,20-24</sup>. Air quality index (AQI) is a single index value used to provide information on daily air quality status and its associated health effects to public<sup>15,25,26</sup>. PM<sub>2.5</sub><sup>1,14</sup> and AQI<sup>27</sup> can vary depending on seasons, time of the day and locations in the same city<sup>26</sup>. Various studies from India<sup>11,14,28,29</sup> and other parts of the world<sup>30-32</sup> have explored geographic information system (GIS)-based tools, *e.g.*, inverse distance weighting (IDW), kriging, *etc.*, to estimate the spatio-temporal distribution of air pollutants and its associated health impact. GIS is a powerful technique that can be used to accurately analyze the spatial and temporal patterns of respiratory morbidity<sup>32</sup>, chemistry of pollutants and localization of the area of potential threat<sup>33</sup>. Therefore, integration of GIS can aid in understanding environmental health modelling, infrastructure planning, transport monitoring, public transit planning, *etc.* A study from Delhi revealed that PM<sub>2.5</sub> concentrations had very high temporal and spatial variations<sup>14</sup>. However, there is no study available in Delhi that has used GIS technique to assess the spatial and temporal association of ambient air pollution with daily counts of emergency room (ER) visits of patients related to acute respiratory symptoms. Therefore, this study was aimed to determine the spatio-temporal relationship between variation of PM<sub>2.5</sub> concentrations and AQI with ER visits of patients having acute respiratory symptoms in Delhi, India, using GIS techniques.

## Material & Methods

**Study area:** Delhi is geographically located in north India between 76° 50' 24" and 77° 20' 37" East longitude and 28° 24' 17" and 28° 53' 00" North latitude<sup>1,34</sup>. The study area included 22 Continuous Ambient Air Quality Monitoring Stations (CAAQMS) operated by the Delhi Pollution Control Committee (DPCC), New Delhi and four study hospitals of Delhi *viz.* All India Institute of Medical Sciences (AIIMS), Kalawati Saran Children Hospital & Lady Harding Medical College, National Institute of Tuberculosis & Respiratory Diseases and Vallabhbhai Patel Chest Institute, New Delhi. The study was carried out for 12 months (March 2018-February 2019) to obtain the data for all seasons.

**Clinical data:** Daily counts of ER visits of four study hospitals of Delhi was recorded to obtain the data for acute respiratory ER visits during the study period. All children visiting the ER of AIIMS (South West) and Kalawati Saran Children Hospital (Central) and adults visiting ER of AIIMS, National Institute of Tuberculosis and Respiratory Diseases (South West) and Vallabhbai Patel Chest Institute (North) were screened round-the-clock for enrolment. Eligible children (0-15 yr) and adults were included only if, on presentation, they reported acute onset (less than or equal to two weeks) of respiratory symptoms or an acute exacerbation of a pre-existing lung disease in the last two weeks and were currently residing in Delhi (staying continuously for at least four weeks). The patients who were not available because of investigations or procedures or did not provide informed written consent to participate were excluded from the study. Residential PIN code along with demographic and clinical data were recorded. All four participating hospitals obtained approval from their respective Institutional Ethics Committees.

**Air pollution data:** Daily air quality, viz. 24 h average values for PM<sub>2.5</sub>, AQI and meteorological variables (temperature and relative humidity) were obtained from DPCC for 22 CAAQMS<sup>16,35</sup>. The description of 22 CAAQMS along with longitude, latitude and districts is presented in Table I.

AQI was used to assess the air quality status of the city. AQI given by the Central Pollution Control Board in 2014 was calculated by transforming real-time hourly concentrations of various air pollutants into single index value<sup>15,36</sup>. AQI varied from 0 to 500; values were categorized as: good (0-50), satisfactory (51-100), moderate (101-200), poor (201-300), very poor (301-400) and severe (401-500). The higher the value of AQI, the greater the level of air pollution. PM<sub>2.5</sub> breakpoints were categorized as: good (<30 µg/m<sup>3</sup>), satisfactory (31-60 µg/m<sup>3</sup>), moderate (61-90 µg/m<sup>3</sup>), poor (91-120 µg/m<sup>3</sup>), very poor (121-250 µg/m<sup>3</sup>) and severe (>250 µg/m<sup>3</sup>)<sup>15,36,37</sup>. The time period of the study was divided into three seasons, viz. summer (March, April, May and June), monsoon season (July, August and September) and winter (October, November, December, January and February). In order to have the overall picture of air pollution levels in Delhi, the average PM<sub>2.5</sub> and AQI was calculated for every location in three seasons. The total study duration of 365 days was divided according to AQI categories in each of the three seasons<sup>37</sup>.

**Geographic information system mapping:** GIS tools were used to study the spatio-temporal changes in PM<sub>2.5</sub> levels, AQI and the associated daily counts of acute respiratory ER visits for the study duration. CAAQMS at different locations of a city represents the ambient air pollution for a particular point. Therefore, inverse distance weighted (IDW) interpolation method was used to spatially predict PM<sub>2.5</sub> concentrations at unmeasured locations in the study area<sup>31</sup>. In order to locate spatially the number of enrolled patients coming from a particular area in a particular season, the numbers of enrolled patients were mapped by PIN code corresponding to each patient's residential address. The maps were plotted for winter, monsoon and summer seasons on the basis of breakpoints PM<sub>2.5</sub> pollutant and AQI. These maps were then compared in relation to air quality and number of acute respiratory ER visits of patients during different seasons and at different locations of Delhi. The analysis was done using ArcGIS software, version 10.3.1. (USA).

**Statistical analysis:** Pearson's correlation analyses of PM<sub>2.5</sub> levels with temperature and relative humidity were performed. Linear regression models were built for three seasons to assess the relationship between: (i) total enrolled cases and PM<sub>2.5</sub> levels and (ii) duration of acute respiratory symptoms and indoor air pollution indicators (such as choice of cooking fuel, smoker at home, smoker and separate kitchen). The analysis was performed using "mgcv" package in R-software version 3.6 (<https://cran.r-project.org/web/packages/mgcv/mgcv.pdf>).

## Results

During the study period, a total of 70,594 patients attending ER were screened from ER of the participating hospitals. Of these, 18,063 were found eligible of having acute respiratory symptoms (less than or equal to two weeks) and residing in Delhi for the past four weeks. Table II presents the characteristics of the enrolled patients. The average age (mean±SD) of enrolled children was 2.0±3.4 yr and that of enrolled adults was 47.9±16.4 yr, of whom 30.8 per cent (n=2427) were elderly (>60 yr). Adult patients experienced acute respiratory symptoms for 4.6±3.0 days. Among the enrolled children (n=10,186), 10,031 (98%) had cough, 7,439 (73%) had noisy breathing, 8,837 (87%) had difficulty in breathing and 8,901 (87%) reported nasal symptoms. Eighty six per cent (n=8,755) of the children were given ambulatory treatment, 1,394 (13%) were advised admission, and

**Table I.** Location of Delhi Pollution Control Committee Continuous Ambient Air Quality Monitoring Station with districts

Location of CAAQMS	Latitude (North)	Longitude (East)	Districts
Jahangirpuri (Industrial Training Institute)	28.732820	77.170633	North West
Narela (Industrial Training Institute)	28.822836	77.101981	North
Sonia Vihar (DJB water treatment plant)	28.710508	77.249485	North East
Patparganj (Mother dairy plant)	28.623748	77.287205	East
Ashok Vihar (Satyawati College, GT Karnal Road)	28.695381	77.181665	North West
Nehru Nagar (PGDAV College, Srinivaspuri)	28.567890	77.250515	South
Sri Aurobindo Marg (National Institute of Tuberculosis and Respiratory Diseases)	28.531346	77.190156	South West
Najafgarh (CBPACS)	28.570173	76.933762	South West
VivekVihar (ITI Shahdra)	28.672342	77.315260	East
PUSA (Naraina)	28.639645	77.146263	Central
National Stadium (Dhayanchand Stadium)	28.611381	77.237738	New Delhi
Jawahar Lal National Stadium	28.580280	77.233829	South
Dr. Karni Singh Shooting Range	28.498571	77.264840	South
Dwarka (National Institute of Malaria Research)	28.576552	77.076574	South West
Rohini sector-16 (Shaheed Sukhdev College of Business Studies)	28.732528	77.119920	North West
Wazirpur (Delhi Institute of Tool Engineering)	28.699793	77.165453	North West
Okhla Phase II (Delhi Institute of Tool Engineering)	28.530785	77.271255	South
Bawana (Maharshi Valmiki Hospital)	28.776200	77.051074	North West
Anand Vihar (ISBT)	28.646835	77.316032	East
Mandir Marg (N.P. Boys Sr. Sec. School)	28.636429	77.201067	Central
Punjabi Bagh (SKV No. 2)	28.563262	77.186937	West
R.K. Puram (KV Sec-2)	28.674045	77.131023	South West

*Source:* Ref 35. DPCC, Delhi pollution control committee; CAAQMS, continuous ambient air quality monitoring station

30 (0.3%) were referred to other departments and seven (0.1%) expired. Among the enrolled adults (n=7877) visiting ER, 7,074 (90%) had cough, 3,953 (50%) had noisy breathing, 7,305 (93%) had difficulty in breathing and 1,970 (25%) had nasal symptoms. Of the enrolled adults who visited ER, 6,220 (79%) were given ambulatory treatment, 1,680 (17%) were advised admission, 40 (0.5%) were referred to other departments and eight (0.1%) expired. The mean number of household members was five living in the average of two-room houses of which about 82 per cent (n=6,462) had a separate kitchen. Around 28 per cent (n=1,631) of adult patients were smokers and 21 per cent (n=2,129) of children lived in households where family members/relatives regularly smoked. Seven hundred and sixty one patients (children: n=692; adults: n=69) had repeat visits during the study period. Of these, 277 patients (children=271; adults=6) visited ER in summer and visited again in winter.

Table III summarizes the total number of enrolled patients, mean of PM<sub>2.5</sub> concentrations, AQI and meteorological data of Delhi during the three seasons. PM<sub>2.5</sub> concentrations of Delhi were high during the study period, with an annual 24-hourly average of PM<sub>2.5</sub> being 120.6±87.0 µg/m<sup>3</sup>. The maximum concentrations of PM<sub>2.5</sub> with worst AQI were observed in winter season, while relatively lower concentrations of PM<sub>2.5</sub> with moderate AQI were noticed during summer, and minimum concentrations of PM<sub>2.5</sub> with satisfactory AQI were observed in monsoon. The daily ER visits of patients having acute respiratory symptoms mirrored this seasonality in pollution (most in winter, followed by summer and monsoon season). Maximum relative humidity was recorded in monsoon while it was at its minimum during summer. The PM<sub>2.5</sub> concentrations had significant negative correlations with temperature ( $r=-0.593$ ,  $P\leq 0.001$ ) and relative humidity ( $r=-0.249$ ,  $P\leq 0.001$ ). Of 365 days, 64 out of 151 days in winter were reported to have ‘very poor’ AQI. In summer,

**Table II.** Characteristics of total daily enrolled children having acute respiratory symptoms (less than or equal to two weeks) and residing in Delhi for the past four weeks

Parameters	Total enrolled children (n=10186)	Total enrolled adults (n=7877)
Age (yr) (mean±SD)	2.0±3.4	47.9±16.4
Sex, n (%)		
Male	6731 (37.3)	4577 (58.1)
Female	3455 (19.1)	3300 (41.9)
Duration of symptoms (days) (mean±SD)	3.6±2.1	4.6±3.0
Respiratory symptoms, n (%)		
Cough	10,031 (98.5)	7074 (89.8)
Noisy breathing	7439 (73.0)	3953 (50.2)
Difficulty in breathing	8837 (86.8)	7305 (92.7)
Nasal symptoms	8901 (87.4)	1970 (25.0)
Respiratory rate (per minute) (mean±SD)	46.9±12.4	46.9±12.4
Outcomes at 12 h, n (%)		
Ambulatory treatment	8755 (86.0)	6220 (79.0)
Advised admission	1394 (13.7)	1608 (16.6)
Referred to other departments	30 (0.3)	40.0 (0.5)
Expired	7 (0.1)	8 (0.1)
Factors related to indoor air pollution		
Households having separate kitchen, n (%)	9048 (88.8)	6462 (82.0)
Smoker at home, n (%)	2129 (20.9)	1387 (17.6)
Smoker, n (%)	-	1631 (20.7)
Total number of rooms (mean±SD)	1.9±1.20	2.6±1.4
Total number of household members (mean±SD)	5.0±2.2	5.6±2.3

SD, standard deviation

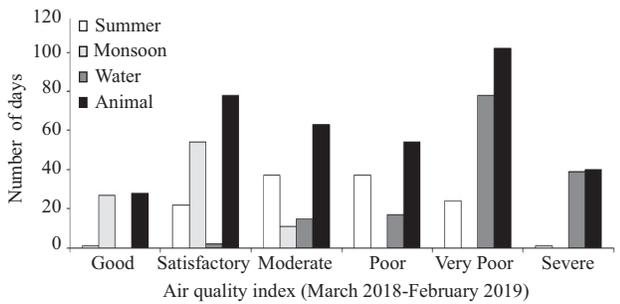
**Table III.** Total number of patients, mean levels of particulate matter 2.5 concentrations, air quality index and meteorological data of Delhi during the three seasons (March 2018-February 2019)

Parameters	Annual	Summer	Monsoon	Winter
PM <sub>2.5</sub> µg/m <sup>3</sup>	120.6±87.0	93.7±35.1	40.8±15.3	190.3±88.7
AQI	225.3±106.0	212.0±68.2	108.5±42.1	307.1±84.7
Temperature (°C)	25.8±7.0	30.9±4.2	30.2±2.1	19.0±4.7
Humidity (%)	60.8±16.9	42.2±12.0	77.1±9.4	65.6±7.5
Total enrolled patients, n (%)	18,063	5564 (30.8)	5050 (27.9)	7449 (41.2)

Data presented in mean±SD unless otherwise indicated. Number of days: Total (March 2018-February 2019), n=365 days; Summer season (March -June 2018), n=122 days; Monsoon season (July-September 2018), n=92 days; Winter season (October 2018-February 2019), n=151 days. AQI, air quality index; SD, standard deviation; PM, particulate matter

54 out of 122 days were observed under 'moderate' category, while in monsoon, 48 out of 92 days were observed under 'satisfactory' AQI. None of the days during the study period was found to have 'good' air quality (AQI<50). The number of enrolled cases was relatively higher in winter months (41.2%) in comparison to summer (27.9%) and monsoon months (30.8%).

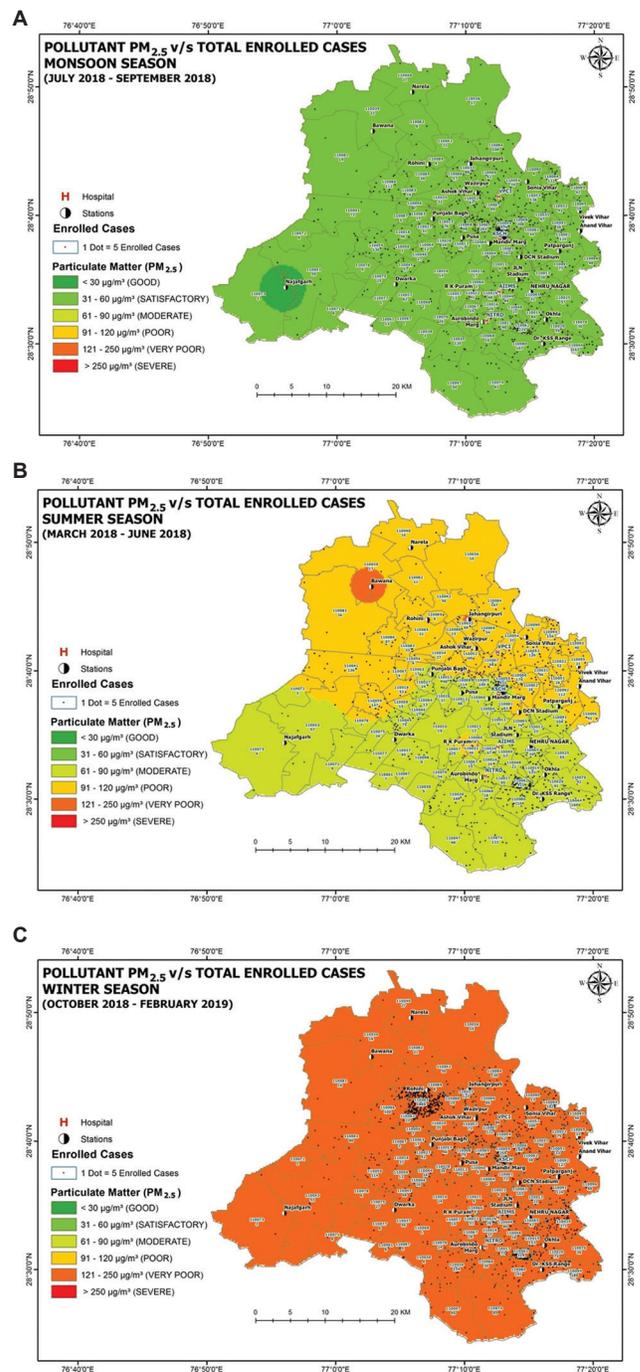
Figure 1 shows the distribution of days (March 2018-February 2019) according to AQI range of categories for defining air quality of Delhi. The air quality and daily patient count attending ER due to acute respiratory symptoms varied in different regions and during different seasons of Delhi. Table IV summarizes the seasonal and annual mean concentrations of PM<sub>2.5</sub>



**Fig. 1.** Air quality index status of Delhi during the three seasons (March 2018-2019).

concentrations and AQI recorded from 22 CAAQMS in Delhi. During the study period, the lowest annual mean PM<sub>2.5</sub> concentration was observed at Sri Aurobindo Marg, whereas the highest PM<sub>2.5</sub> concentration was observed at Anand Vihar. The lowest annual mean AQI was in ‘poor’ category observed at Dr Karni Singh Shooting range station, whereas the highest AQI was in ‘very poor’ category reported at Anand Vihar.

Figure 2 shows the spatio-temporal relationship between seasonal variation of PM<sub>2.5</sub> concentrations obtained from 22 CAAQMS of Delhi versus enrolled cases [*i.e.*, having acute respiratory symptoms (less than or equal to two weeks) and residing in Delhi for the past 4 wks] in three seasons, *viz.* monsoon, summer and winter from March 2018 to February 2019. The seasonal mean values of PM<sub>2.5</sub> concentrations at each station and number of enrolled cases from various regions of Delhi were relatively higher in winter months (Fig. 2C) compared to summer (Fig. 2B) and monsoon months (Fig. 2A). During the winter season, it was observed that the number of enrolled children had a negative correlation ( $\beta=-0.02, P=0.01$ ) while number of enrolled adults had a positive association ( $\beta=0.01, P=0.03$ ) with PM<sub>2.5</sub> concentrations. The duration of acute respiratory symptoms was not found to be associated with indoor air pollution indicators such as cooking fuel ( $\beta=-0.30, p=0.49$ ) and separate kitchen ( $\beta=-0.17, P=0.06$ ) in households, smoking status ( $\beta=-0.17, P=0.15$ ) and smoker at house ( $\beta=0.04, P=0.56$ ) during winters. As shown in Figure 2C, during the winter season, the number of enrolled cases was high in ‘very poorly polluted’ north-west region ( $n=1886$ , PIN code 110 086, Begumpur) of Delhi exposed to the highest mean levels of PM<sub>2.5</sub> ( $244.8\pm131.8$  and  $232.3\pm109.5 \mu\text{g}/\text{m}^3$ ) observed at Wazirpur and Jahangirpuri monitoring station, respectively, situated in northwest of Delhi. The number of enrolled cases reporting to ER was lower from the ‘moderately



**Fig. 2.** Spatio-temporal relationship between the seasonal variation of PM<sub>2.5</sub> concentrations obtained from 22 Continuous Ambient Air Quality Monitoring Station of Delhi versus enrolled cases in three seasons from March 2018-February 2019: (A) Monsoon, (B) Summer, and (C) Winter.

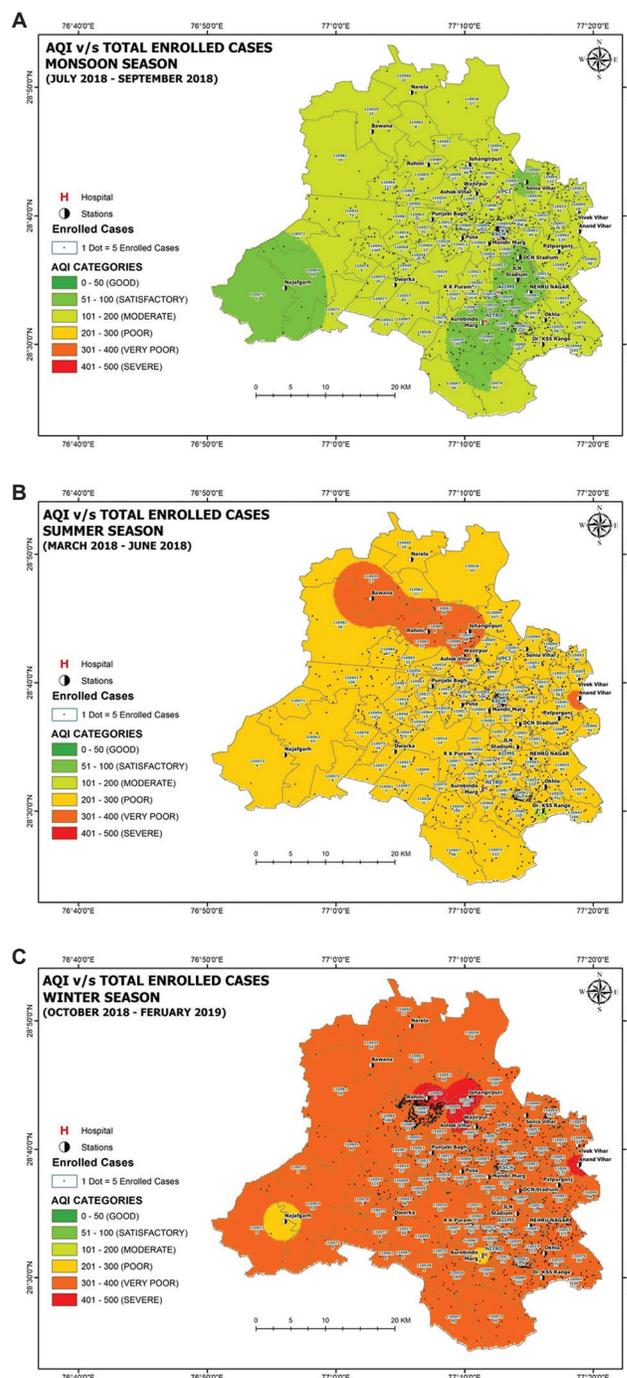
polluted’ southwest region ( $n<5$ , PIN code 110 080, Sangam Vihar; 110 060, Rajinder Nagar; 110 066, RK Puram; 110 072, Jharoda Kalan; 110 097, Kapashera *etc.*) of Delhi exposed to relatively lower mean

levels of  $PM_{2.5}$  ( $144.8 \pm 58.9$  and  $146.7 \pm 69.0 \mu g/m^3$ ) recorded at Najafgarh and Sri Aurobindo Marg station, respectively, during the same season.

Figure 3 shows the spatio-temporal relationship between seasonal variations of AQI obtained from 22 CAAQMS of Delhi vs. enrolled cases in three seasons vs. monsoon, summer and winter. The seasonal mean AQI of 22 continuous monitoring stations ranges from 'poor' to 'severe' and the number of enrolled cases was relatively higher in winter months (Fig. 3C) contrasting with the relatively better AQI observed in summer (Fig. 3B) and monsoon months (Fig. 3A). As shown in Figure 3C, during winter season, the number of enrolled cases was high in the 'severely polluted' northwest region ( $n=1886$ , PIN code 110 086) of Delhi having high AQI (433) observed at Wazirpur station. The number of enrolled cases reporting at ER was low from the 'poorly polluted' southwest region ( $n < 5$ , PIN code 110 038, Rajokari; 110 060, 66, 72, 97, etc.) of Delhi having comparatively low AQI (290 and 291) observed at Sri Aurobindo Marg and Najafgarh station, respectively.

### Discussion

The study examined the spatio-temporal relationship between seasonal variation of  $PM_{2.5}$  concentrations, AQI and related ER visits of patients having acute respiratory symptoms in Delhi. During the study period, the annual average of  $PM_{2.5}$  concentration ( $120.6 \pm 87.0 \mu g/m^3$ ) in Delhi exceeded the Indian-recommended limits<sup>10</sup>. Such finding has been consistently reported by previous Delhi-based studies<sup>3,6,9,14,37</sup>. There was not a single day to register 'good' AQI<sup>37</sup>. AQI was 'poor' for most of the winter days compared to summer and monsoon reporting 'moderate' and 'satisfactory' AQI, respectively. The minimum annual mean  $PM_{2.5}$  concentration was noticed at Sri Aurobindo Marg situated in south-west Delhi district<sup>5</sup>. The maximum  $PM_{2.5}$  concentration was observed at Anand Vihar<sup>37</sup>, which is one of the most polluted areas in Delhi due to high traffic congestion and is affected by emissions from road dust, industries, commercial activities of hotels, etc.<sup>27,37</sup>. The variation observed in the  $PM_{2.5}$  levels in the present study could be due to the type of emission sources<sup>1,10-12</sup> and meteorological factors<sup>14</sup>. Several Indian reports<sup>5,12,14,27-29</sup> have recognized that there is significantly high seasonal and regional variation in ambient air quality and prevalence of respiratory symptoms. Low temperature and high



**Fig. 3.** Distribution of average air quality index obtained from 22 Continuous Ambient Air Quality Monitoring Stations of Delhi versus enrolled cases in three seasons from March 2018-February 2019: (A) Monsoon, (B) Summer, and (C) Winter.

relative humidity play a vital role in the formation and rise in  $PM_{2.5}$  levels, thereby resulting in evident seasonal variation in air quality<sup>3</sup>. In the current study, a weak and negative correlation was found between  $PM_{2.5}$  versus temperature and relative humidity<sup>38</sup>.

**Table IV.** Annual and seasonal mean of particulate matter 2.5 concentrations and air quality index from 22 Continuous Ambient Air Quality Monitoring Station of Delhi (March 2018-February 2019)

CAAQMS locations	Seasons							
	Summer (n=122 days)		Monsoon (n=92 days)		Winter (n=151 days)		Annual (n=365 days)	
	PM <sub>2.5</sub> (µg/m <sup>3</sup> )	AQI	PM <sub>2.5</sub> (µg/m <sup>3</sup> )	AQI	PM <sub>2.5</sub> (µg/m <sup>3</sup> )	AQI	PM <sub>2.5</sub> (µg/m <sup>3</sup> )	AQI
Jahangirpuri (Industrial Training Institute)	122.4±11.1	319.3±239.6	49.7±7.10	127.8±52.6	232.3±15.3	417.9±160.3	150.1±12.3	312.8±208.9
Narela (Industrial Training Institute)	109.7±37.7	297.3±192.7	45.7±18.8	102.1±43.4	188.7±79.6	342.9±102.9	126.3±80.8	266.9±163.6
Sonia Vihar (DJB water treatment plant)	96.5±37.4	254.6±168.6	38±15.5	91.3±37.1	200.3±97.3	349.7±102.9	124.7±94.7	252.7±159.9
Paparganj (Mother Dairy plant)	89.2±43.7	243.8±219.5	35.1±16.4	102.6±45.0	180.3±97.6	324.9±121.5	113.4±90.9	241.7±174.2
Ashok Vihar (Satyawati College, GT Karnal road)	100.1±39.2	297.2±248.6	39.7±20.2	106.9±48.8	209.4±137.6	363.4±154.8	130.1±115.7	276.6±203.9
Nehru Nagar (PGDAV College, Srimiwaspuri)	76.8±27.8	226.2±207.8	37.4±15.8	95.5±40.4	236.3±125.7	391.2±147.2	132.9±120.9	261.5±195.1
Sri Aurobindo Marg, (National Institute of Tuberculosis and Respiratory Diseases)	72.6±26.5	230.7±232.8	31±14.0	83.1±40.7	146.7±69.0	290.4±84.9	93.2±60.0	217.9±168.6
Najafgarh (CBPACS)	77.6±32.4	256.5±217.9	27.8±12.8	78.9±43.4	144.8±58.9	290.4±95.2	93±63.9	226.4±163.6
Vivek Vihar (ITI Shahdara)	96.2±46.1	237.9±115.8	43.1±19.7	113.4±53.7	181.7±117.7	366.9±157.3	118.2±98.9	259.6±160.1
PUSA (Naraina)	82.1±32.7	243.4±197.7	33.9±13.7	110.9±45.4	170.4±79.6	319.6±98.4	106.6±79.1	241.5±156.0
National Stadium (Dhayanchand stadium)	92.9±45.9	284.5±170.8	40.6±15.9	95.4±43.4	156.1±72.4	315.6±112.8	105.8±71.4	237.6±151.9
Jawahar Lal National Stadium	84.3±35.2	257.4±228.5	35.1±14.2	91.8±45.6	183.8±106.1	334.8±138.5	113.2±95.0	247.7±187.1
Dr Karni Singh Shooting Range	82.3±45.0	193.0±137.5	33.5±14.5	99.9±35.4	150.9±64.9	301.1±90.3	98.4±68.9	214.3±128.6
Dwarka (National Institute of Malaria Research)	89.4±37.5	284.4±212.5	35.8±15.9	132.7±64.5	166.7±83.2	398.8±162.5	107.9±78.9	293.5±195.1
Rohini (Shaheed Sukhdev College of Business Studies)	93.9±35.2	317.6±256.9	48.1±17.9	114.0±55.4	227.6±110.6	409.6±154.7	137.9±107.5	304.8±215.4
Wazirpur (Delhi Institute of Tool Engineering)	108.4±48.1	313.1±220.3	52.6±19.0	139.7±44.6	244.8±131.2	432.6±166.9	150.7±121.1	318.8±215.4
Okhla Phase II (Delhi Institute of Tool Engineering)	82.0±29.5	255.6±173.4	37.8±16.3	107.4±45.2	182.8±95.7	337.3±122.0	112.8±88.9	252.1±169.0
Bawana (Maharshi Valmiki Hospital)	126.7±52.2	313.7±157.5	51.7±20.3	113.4±49.9	186.4±82.4	390.7±134.5	133±82.3	295.1±169.0
Anand Vihar (ISBT)	113.7±52.6	333.4±156.6	51.1±21.9	156.6±70.7	220.8±113.1	431.7±208.7	153.4±107.4	349.6±213.6
Mandir Marg (N.P. Boys Sr. Sec. School)	82.4±31.5	213.9±145.7	41.3±19.7	105.8±47.6	169.8±78.7	310.1±98.3	108±76.7	225.4±135.2
Punjabi Bagh (Sarvodaya Kanya Vidyalaya No. 2)	88±31.9	247.2±216.1	43.7±14.9	105.8±37.8	187.2±89.4	341.4±137.3	117.5±85.7	249.0±180.2
RK Puram (Kendiya Vidyalaya Sec-2)	94.6±30.1	265.3±189.3	48.4±15.9	111.8±48.9	198.4±96.6	355.5±114.7	125.9±90.8	262.4±165.3

Data presented in mean±SD. AQI, air quality index; CAAQMS, Continuous Ambient Air Quality Monitoring Station; PM, particulate matter

GIS analysis showed that spatio-temporal association between air pollution and the number of ER visits for acute respiratory symptoms varied across different geographic areas of Delhi during three different seasons. In winter, ER visits of patients having acute respiratory symptoms were higher from the north-west region of Delhi exposed to very high air pollution recorded at Wazirpur and Jahangirpuri station. Furthermore, enrolled children had negative, whereas adults had a positive association with  $PM_{2.5}$  levels. Adults are more likely to be exposed to outdoor environmental pollution and even for longer duration, for example, commuting to work place; hence, they might have different intensity of cumulative exposure than children. In contrast, the southwest region of Delhi was less polluted (Najafgarh and Sri Aurobindo Marg station) corresponding to the low ER visits of patients. These results were in line with a previous study from Kanpur, India, which concluded that individuals with respiratory disease were at greater risk of hospital visits than those residing in low polluted area<sup>28</sup>.

The study had some limitations. First, the present study, we used a wide network of air quality monitoring stations spread around the city; however, the hospitals from each region of Delhi could not be included for collecting daily counts of acute respiratory ER visits. Second, adjustment for differential lifetime exposure to environmental pollutants of children and adults was not possible. Third, assessment of personal exposure at home and workplace to air pollution was practically not feasible in large sample, which could better illustrate the health impact of ambient air pollution<sup>32</sup>. Fourth, we could not study the sources of regional emission that could have helped us to know the reason for observed pattern. Fifth, we could not take into account the levels of indoor air pollutants and individual exposures to the pollutants that might have affected the quality of associations. Despite these limitations, the present study had several strengths. First, this multisite study had covered a large sample size in Delhi, India. Second, it was possible to study the role of seasonal variation in spatio-temporal association between ambient air pollution and acute respiratory ER visits in Delhi using novel GIS tools. Regional health impact was estimated based on  $PM_{2.5}$  levels and AQI. Although AQI is not a refined tool, it is an easily understandable generic information tool and help drafting advisories issued to the public. Third, we obtained 24 hourly real-time air quality data of Delhi from 22 newly installed DPCC

CAAQMS on the daily basis, which contributed to high spatial resolution and robust results.

To strengthen the findings of the present study, systematic investigations are needed in Delhi to: (i) establish adequate monitoring system for air quality and health outcomes, (ii) demonstrate the causal relationship between air pollution and associated health outcomes and (iii) identify emission sources and their contribution to air pollution and economic evaluation of health impact of air pollution<sup>1,29</sup>. Severity of air pollution starts from post-monsoon and continues through winter. We acknowledge that indoor air pollution has a significant role to play in the type of investigation we conducted. In the present study, poor air quality was observed for majority of the days throughout the year in Delhi. Therefore to gain potential health benefits, effective measures to control air pollution should be executed throughout the year instead of focusing only during highly polluted winter season. In India, air pollution is one of the causes for producing damaging health effects and not the only cause as there are many aspects such as socio-economic issues, living conditions, location of emission sources, land use pattern, occupational exposure, food habit, other health ailments, *etc.* Growing evidence suggests that specific toxic compounds of PMs produce harmful effects on lungs and are carcinogenic and genotoxic. The exposure to PM may induce inflammatory response, oxidative stress, hormone dysregulation<sup>39</sup> as well as placental dysfunction<sup>40</sup>. Therefore, geo-spatial distribution of respiratory diseases associated ER visits may serve as a good tool for location-based prevention and control of outdoor air pollution. The present study findings provide reference for decision-makers to improve air quality and related health outcomes at specific locations in Delhi. The study also provides, relevant information for public to modify their outdoor behaviour according to exposure to varying ambient air pollution.

Overall, the acute respiratory symptoms related ER visits of patients were associated with  $PM_{2.5}$  concentrations and AQI that varied by regions and seasons in Delhi. The study provides GIS-based scientific evidence for policy-makers to make adequate regional monitoring and emphasize localized improvement strategies for management of air pollution and associated respiratory health outcomes in Delhi.

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