

Toothpastes, C. van Loveren, editor (Karger, Basel, Switzerland) 2013. 158 pages. Price: US \$ 209.00 / CHF 178.00
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This book provides an inside view at what goes on behind the science of toothpastes. It answers all the questions regarding the history, development, composition of dentifrices and their modifications with their role and clinical applications.

The authors have explained each and every point with reference of scientific data making it evidence-based. The first few chapters explain mainly the clinical evidence of effectiveness in caries prevention, in reducing and preventing plaque, gingivitis and halitosis and in preventing calculus formation. Latter chapters have explained the mechanisms at a molecular level, about how toothpastes work. The last two chapters help the dentist to explain the patients the frequency of tooth-brushing and post-brushing rinsing behaviour; hence, helping the dentist to give advice on toothpastes in an evidence-based manner.

There are however, some weaknesses in the book. The structure is a little unpolished and disorganised. There are a few printing and grammatical errors. Despite some shortcomings, this book provides a valuable and absorbing knowledge into a topic like “Toothpastes” which is generally not covered.

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