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Paediatric thyroidology, G. Szinnai, editor (Karger, Basel, Switzerland) 2014. 252 pages. Price: USD 233.00 / CHF 198.00 / EUR 185.00
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This is a well-written, coherent and a handy textbook with a presentable layout. The book is well illustrated and is a comprehensive work covering major topics in the field. With sixteen well written chapter, it may be suitable as a standalone textbook for coursework in paediatric thyroidology.

The book starts off with a section on basic physiology and also deals with a section on thyroid and environment which sets the stage for the rest of the book. The section on congenital hypothyroidism is particularly worth reading.

The section on autoimmunity gives good insight into autoimmune thyroid problems in children and how to approach and tackle clinical issues associated with autoimmune thyroiditis. The incidence of thyroid cancer in children has been an ever-increasing problem; the authors have dealt with this difficult topic lucidly.

The most useful part of the book is clearly the clinical case seminar section. Each cases is illustrative and is followed by a clinical discussion and key learning points. This would be of particular help to junior fellows and clinicians in dealing with difficult thyroid problems in children. The book is lucidly written so that one can assimilate good amount of information, on first reading. A quick second reading will serve to reinforce any details missed in the first time around.

Overall, this book will be useful for the understanding of thyroid disorders in children and is easy reading for those with a background of either paediatrics or endocrinology, particularly for the postgraduate trainees.

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