



Systematic Article

Maternal near miss events in India

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Background & objectives: Maternal morbidity is an indicator of the quality of a country's maternal health services. Maternal near miss (MNM) can provide valuable information in this context and hence these cases need to be reviewed which can indirectly play a major role in reducing maternal mortality ratio in India. The objectives of the present review were to find the prevalence/incidence, criteria used for identification, review the causes of MNM cases and identify the contributory factors responsible for the occurrence of these cases based on three-delay model.

Methods: Articles were identified from the PubMed, Google Scholar, Scopus and Cochrane Library using search terms such as 'Maternal Near Miss', 'maternal morbidity', 'India' among others. All health facility-based observational studies conducted in India published between 2010 to 2019 irrespective of data collection period, and criteria used for identification of MNM cases were included for review. Data were extracted from included studies and summarized in terms of prevalence/incidence, ratio and percentage.

Results: Out of 25 studies, majority were prospective observational conducted at government health facilities. The incidence of MNM varied widely from 3.9 to 379.5 per 1000 live births and 7.6-60.4 per 1000 deliveries. MNM: Maternal Death varied from 1.7:1 to 21.8:1; studies used different criteria to define MNM cases.

Interpretation & conclusions: Hypertensive disorders and anaemia were the leading direct and indirect causes of MNM, respectively. There was a lack of uniformity in using the criteria for MNM across studies conducted in India over the last decade. Future studies on MNM in India should follow the uniform criteria mentioned in the MNM-Review guidelines released by the Government of India in 2014 for obtaining systematic data and proper summary estimates.

Key words Incidence - India - maternal near miss - prevalence - review - WHO criteria

Maternal mortality is a key indicator demonstrating the quality of maternal health services offered in the country. However, healthy gestation and maternal mortality are mild to severe conditions between which there is a spectrum of

maternal morbidities¹. In this regard, the World Health Organization (WHO) defines the criterion of severe maternal morbidity or Maternal Near Miss (MNM) as a woman who nearly died but survived a complication that occurred during pregnancy,

childbirth or within six weeks after pregnancy¹. MNM cases occur more often as compared to maternal deaths and have similar pathways that can directly give information about the strengths and weaknesses of the system that need to be overcome during the process of providing healthcare¹⁻³. In addition, it provides stronger conclusions and rapid reports on issues related to obstetric care⁴. MNM is gaining more importance as maternal mortality ratio (MMR) for 2014-2016 in India is reduced to 130/100,000 live births (LB). Couple of States such as Kerala and Maharashtra have lowered MMR to as low as 46 and 61, respectively, and achieved the MDG goal for 2015 (100/1 lakh live births)⁵. Ministry of Health and Family Welfare, Government of India (GOI), released MNM guidelines in December 2014⁶.

Considering the variations in the prevalence of MNM cases in India, there was a need to conduct a review to survey the prevalence/incidence of MNM cases, to study the criteria used for identification, to review the causes of MNM cases and to identify the various contributory factors such as personal/family, administrative and logistic problems responsible for the occurrence of MNM cases in India based on three-level delay model. The findings may help us to identify the modifiable factors if corrective actions were to be taken.

Material & Methods

Search strategy: Three search engines were explored including PubMed, Google Scholar, Cochrane Library. The review was restricted to studies from India, published in English from 2010 to 2019. Search terms used were 'Maternal Near Miss', 'India', 'severe maternal morbidity', 'severe obstetric morbidity', 'Maternal Near miss audit India', 'Near Miss Cases', 'Near miss events India', 'Near miss obstetric events', 'Near Miss criteria', 'Near miss tool for assessment', 'Near miss guidelines India' and 'Maternal comorbid conditions' for review. In addition, the website of Ministry of Health and Family Welfare, Government of India (GOI), was also searched for policy documents on guidelines currently being used in India to assess severe maternal morbidity. Manual search in the bibliographic references of the articles selected was also conducted for additional relevant articles.

Inclusion criteria: All health facility-based observational studies conducted in India, published in English language from 2010 to 2019 irrespective of data collection period, and criteria used for

identification of MNM cases were included for review.

Exclusion criteria: Articles published as editorials, commentaries, reports, letters to editor, studies involving MNM associated with a single disease condition/adverse event, abstracts without full paper and studies where criteria for identification of MNM cases were not clearly defined were excluded from the study.

Study selection and data extraction: The study selection procedure is schematically shown in the Figure. Initially, 483 studies were identified including four articles from other sources. Screening was initially done based on titles using search terms (key words). Then, abstracts were reviewed and only the full-text articles were selected for inclusion in the study. All the articles were reviewed separately, and disagreement between researchers was resolved by discussion and establishing consensus. A total of 25 articles were included in the review for exploring various aspects related to MNM.

Data were extracted by two independent researchers using the inclusion and exclusion criteria including parameters such as setting, study type, duration, sample size, *etc.*^{1,7-10}. Prevalence, MNM: Maternal death ratio, mortality Index, sociodemographic factors, adverse events/disease conditions, and factors responsible for delay were also extracted from studies as presented in Tables I-IV. Studies mentioning delays based on three delay model in maternal near miss cases were included in the present review^{11,16,18,22,23}.

Results

Twenty five studies were included for review representing all the major regions of India. A total of 16 were prospective studies (PS), while nine were retrospective studies (RS). Out of 25 studies in review, 10 PS and eight RS described the sociodemographic characteristics of study participants including age, gravid status, gestational period and registration as well as referral status.

Prospective studies: Sixteen studies conducted at 21 health facilities representing most regions of India were included in review^{11-23,27-29}. For the incidence of MNM, most studies mentioned LB as denominator while few mentioned deliveries. Majority of the studies (n=13) used WHO criteria¹ to define MNM cases, whereas Parmar *et al*¹⁹ used both WHO, Mantel and Waterstone criteria. Kumar and Tewari²³ used Filippi criteria,

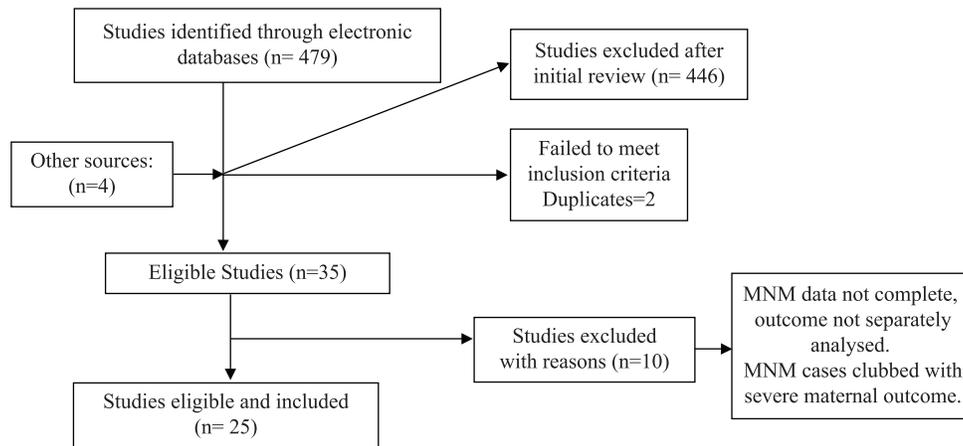


Figure. Study selection (flowchart).

five scoring system was used by Kamal *et al*²¹ and Chaudhuri and Nath²⁷ used modified Mantel's criteria. The incidence of MNM cases showed a wide variation from 3.9 to 379.5 per 1000 LB, whereas it ranged between 7.6 and 60.4 per 1000 deliveries. The MNM: Maternal death ratio varied from 1.7:1 to 21.8:1 and the mortality index varied from 4.3 to 36.5 per cent¹¹⁻²² (Table I).

Age of the participants varied highly ranging from 18 to 35 yr. MNM cases were more common among multipara ranging from 31.5 to 62.5 per cent. The overall referral rate was more than 50 per cent in all the studies except two^{11,21}. Most studies indicated that more than 70 per cent cases admitted to the hospital were unbooked, *i.e.* first-time visitors. Most MNM cases (59.1-80.2 %) were admitted with gestational age more than 28 wk (Table II).

Out of 16 studies, clinical conditions were mentioned in 15 studies. Eight cases had hypertensive disorders as a cause of MNM (7.0-61.2 %), and haemorrhage was also a cause of MNM in eight studies (8.8-46.9%). In a study by Bakshi *et al*¹³, sepsis was also an important cause among 58.9 per cent MNM cases. Severe anaemia (7.4-57 %) was reported as one of the causes of MNM in some of the studies (Table III).

Out of 16 studies, organ dysfunction-based criteria were included in seven studies^{14-18,20,27}. Among these, coagulation dysfunction was most common complication (2.6-60 %). In a study done by Patankar *et al*¹⁷, 28 cases (28.5 %) of MNM included combined coagulation and vascular dysfunction cases.

Regarding the three-delay models, most studies showed that the first-level delay (D1) (6.3-60.6 %)

including delay in seeking help and other personal problems was responsible for MNM cases^{11,16,22,23}. Transport and other logistic problems contributed to 20.8-30.3 per cent of MNM cases^{11,18}. Second-level delay (D2) at referral centres including lack of infrastructural issues, lack of equipment, medications, instruments, unavailability of blood and blood products in referral facilities ranged from 7.6 to 68.2 per cent contributing to MNM cases^{11,18}. Third-level delay (D3) at facilities including similar parameters ranged from 2.7 to 19.9 per cent^{16,18}. Thus, it was noted that the first and second-level delay was most common in the reviewed studies (Table IV).

Retrospective studies: Nine studies included in the review were conducted at eight tertiary hospitals and one corporation hospital^{4,24,25,30-35}. The prevalence of MNM cases varied from 4.2 to 120 per 1000 LB. The MNM ratio varied from 1.68:1 to 6.25:1 and the mortality index ranged between 13.7 and 37.3^{24,25} (Table I).

Age of the women ranged from 18 to 35 yr and primigravida women were higher in proportion ranging from 5.9 to 56.4 per cent^{30,32}. Overall referral rate was more than 50 per cent except in a study done by Manjunatha *et al*²⁵. The number of unbooked cases showed a wide variation ranging from 18.6 to 94.3 per cent^{4,33} (Table II).

Haemorrhage was one of the causes for MNM events (18-63.4 %)^{24,34} whereas hypertensive disorders ranged between 11.8 and 40.5 per cent. In a study done by Tallapureddy *et al*³⁵, severe anaemia (65.6 %) was a leading indirect cause for MNM cases. Adverse events requiring intensive care unit (ICU) admission was also an important finding in MNM cases (26.7-88.0 %)^{33,34}

Table I. Characteristics of the studies and summary estimates from the included studies

Study setting and State	Year of study/duration in months (m)	MNM cases	MD	MNM criteria	Number of live births/deliveries	Incidence/1000 delivery or/1000 LB	MNM: MD	Mortality index (%)
Prospective studies								
Purandare <i>et al</i> ¹¹	6 TH MS, UP, TN	264	-	WHO ¹	27,433 [#]	9.6 ^a	-	-
Venkatesh <i>et al</i> ¹²	1 TH Karnataka	18	3	MOHFW, India ⁶	2340 [#]	7.6 ^a	6:1	-
Bakshi <i>et al</i> ¹³	2 PHCs, 1 CHC, 1 TH Uttarakhand	51	10	WHO ¹	688	74.1 ^b	5.1:1	16.3
Sangeeta <i>et al</i> ¹⁴	1 TH, Delhi	27	8	WHO ¹	6767	3.9 ^b	3.3:1	22.8
Sujata <i>et al</i> ¹⁵	1 TH Odisha	114	5	WHO ¹	3340	34.1 ^b	21.8:1	4.3
Abha <i>et al</i> ¹⁶	1 TH Chattisgarh	211	102	WHO ¹	13,895	15.1 ^b	2:1	32.5
Patankar <i>et al</i> ¹⁷	1 TH Maharashtra	98	-	WHO ¹	4571 [#]	21.9 ^a	-	-
Kulkarni <i>et al</i> ¹⁸	2 THs Maharashtra	887	94	WHO ¹	14,508 [#]	60.4 ^a	9.4:1	9.6
Parmar <i>et al</i> ¹⁹	1 TH Gujarat	46	18	WHO ¹	1929	WHO criteria-20.7 ^b	2.6:1	28.1
Behera and Behera ²⁰	1 TH, Odisha	201	116	Water stone <i>et al</i> ⁸	17,024	Mantel-19.7 ^b	1.7:1	36.5
Kamal <i>et al</i> ²¹	1 TH Jharkhand	480	-	Mantel <i>et al</i> ⁹	18,426	11.8 ^b	-	-
Reena and Radha ²²	1 TH Kerala	32	5	Five factor scoring system ⁷	3451	26.0 ^b	6.4:1	-
Kumar and Tewari ²³	1 SRU West Bengal	126	-	WHO ¹	-	9.3 ^b	-	-
Chaudhuri <i>et al</i> ²⁷	1 TH West Bengal	177	23	Filippi <i>et al</i> ¹⁰	4081	379.5 ^b	7.7:1	11.5
	April 2013 and October 2014			Modified Mantels Criteria		43 ^b		

Contd..

Table II. Sociodemographic factors for maternal near miss in different studies

	Mean age±SD (years), (%)	Gravid status		Un-booked status* (%)	Referral status (%)	Gestational age >28 weeks (%)
		Primi (%)	Multi (%)			
Prospective studies						
Purandare <i>et al</i> ¹¹	20-29, 64.0	-	-	-	39.0	-
Sujata <i>et al</i> ¹⁵	25-35, 71.9	50.8	31.5	84.2	57.0	67.5
Abha <i>et al</i> ¹⁶	21-30, 70.6	38.8	61.1	-	-	-
Patankar <i>et al</i> ¹⁷	27.8±3.4	26.5	39.7	80.6	70.4	59.1
Kulkarni <i>et al</i> ¹⁸	25.8±4.6	41.0	-	-	77.0	59.5
Behera and Behera ²⁰	20-30, 80.6	56.2	43.8	74.1	61.2	-
Kamal <i>et al</i> ²¹	18-35, 27.0	28.7	-	80.0	40.0	-
Reena and Radha ²²	21-34, 87.5	37.5	62.5	-	84.0	68.9
Kumar and Tewari ²³	20-29, 66.6	33.5	39.6	10.0	-	68.7
Chaudhuri <i>et al</i> ²⁷	20-35, 80.5	87.0	13.0	32.4	80.2	80.2
Retrospective studies						
Ps R <i>et al</i> ³⁰	27.0±4.7	56.4	43.6	-	86.9	57.2
Kalra <i>et al</i> ³¹	24.0±3.11	48.2	27.9	-	-	53.5
Pandey <i>et al</i> ⁴	18-35, 88.2	34.4	65.6	94.3	53.1	71.9
Bansal <i>et al</i> ³²	18-24, 41.0	5.9	64.1	-	-	56.4
Rathod <i>et al</i> ³³	21.8	19.8	9.3	18.6	-	69.6
Khan <i>et al</i> ³⁴	26.7±4.6	36.4	-	71.9	-	-
Naik <i>et al</i> ²⁴	26.0	-	-	-	-	-
Manjunatha <i>et al</i> ²⁵	21-25, 40.0	55.0	45.0	48.0	12.0	94.0

*Unregistered pregnancies. SD, standard deviation

(Table III). Only three studies have elaborated about organ dysfunction criteria for identifying MNM cases where coagulation dysfunction was a most common complication (34.4-53.4 %) ³³⁻³⁵.

Discussion

In the present review, an attempt was made to review all the studies on MNM conducted in India over the past decade, which provide the prevalence/incidence, criteria used for identification of MNM cases, causes of MNM and factors contributing for the occurrence of these cases based on three-delay model.

Twenty three studies were conducted in urban settings ^{4,11,12,14-22,24,25,27-35}, while only two ^{13,23} were conducted in rural settings. This may be due to the fact that most cases in rural scenario were referred to urban tertiary care centres for further management. It was observed that most studies done were in urban areas at tertiary health facilities, which may not reflect the prevalence/incidence in such institutions. Most cases were referred from the referral units situated in rural

areas, this indicates that the first referral units need to be strengthened so that they can cater to basic obstetric emergencies such as haemorrhage, hypertensive disorders, sepsis and shock. Thus, improvement in the infrastructure and facilities at secondary level centres may pave a way for identification of MNM cases and conduction of MNM studies at these centres.

The wide variation in incidence/prevalence, mortality index and MNM: Maternal death ratio ^{4,11-23,27-35} may be dependent on various reasons. Firstly, due to methodological issues like study design, study setting and duration of data collection. Thus, from the data generated, no single estimate of MNM incidence ratio could be done. Hence, instead of single estimation, annual estimation may be beneficial in improving the provision of maternal health care. Second, the criteria used for identification of MNM cases varied in few studies published before 2011. Mantel's criteria ⁹ adopts the occurrence of maternal organic dysfunction and focus on serious diseases, however, these depend on the existence of a minimal level of care, including laboratory tests and material for critical

Table III. Common conditions resulting in maternal near miss events

	Hypertensive disorders (%)	Severe anaemia (%)	Haemorrhage (%)	Sepsis (infections) (%)	Ruptured uterus (%)	ICU admissions (%)	Other significant conditions (%)
Prospective studies							
Purandare <i>et al</i> ¹¹	26.5	8.6	46.9*	4.4	16.0	-	Hepatitis-6.3
Venkatesh <i>et al</i> ¹²	7.0	-	14.0*	3.5	3.5	-	Rupture ectopic Pregnancy-49.1
Bakshi <i>et al</i> ¹³	23.5	-	37.3	58.9*	3.92	-	-
Sangeeta <i>et al</i> ¹⁴	12.7	7.4	40.7*	7.4	31.5	21.5	Med/surgical-18.5
Sujata <i>et al</i> ¹⁵	38.5*	-	29.8	7.0	3.5	27.1	LSCS-41.2
Abha <i>et al</i> ¹⁶	33.1	57.0*	27.5	4.3	6.6	-	Septic abortion-4.2
Patankar <i>et al</i> ¹⁷	51.0*	-	43.9*	3.1	3.1	64.3	Medical-13.2
Kulkarni <i>et al</i> ¹⁸	61.2*	55.1	8.8	25.0	-	35.2	-
Parmar <i>et al</i> ¹⁹	-	-	-	14.0	-	36.8	-
Behera and Behera ²⁰	17.2	28.5*	11.5	3.5	7.0	-	Obstructed labour-37.9*
Kamal <i>et al</i> ²¹	23.5	-	42.5*	10.0	12.9	-	-
Reena and Radha ²²	40.6*	-	21.8	12.5	-	-	Scarred uterus-43.7
Kumar and Tewari ²³	59.3*	22.7	8.9	6.3	-	-	Dystocia-2.7
Chaudhuri <i>et al</i> ²⁷	55.9*	-	16.3	1.6	-	-	Acute renal failure-6.5 Jaundice-1.5
Pandit <i>et al</i> ²⁹	18.1	31.9	-	-	-	-	Hepatic disease-9.4 Renal failure-6.8
Retrospective studies							
PS <i>et al</i> ³⁰	23.6	-	44.2*	16.3	-	62.6	Medical-11.6
Kalra P <i>et al</i> ³¹	17.8	-	56.0*	5.35	8.9	75.0	-
Pandey <i>et al</i> ⁴	33.0	20.7	45.7*	7.4	5.8	40.9	Ruptured ectopic pregnancy-21.5
Bansal <i>et al</i> (2016) ³²	12.8	15.4	43.5*	5.12	15.4	-	Malaria-5.1 Hepatitis-2.6
Rathod <i>et al</i> ³³	11.8	24.8	26.7*	11.2	-	26.7	Hepatitis-16.8
Khan <i>et al</i> ³⁴	20.5	4.3	63.4 *	2.7	-	81.5	-
Tallapureddy <i>et al</i> ³⁵	31.2	65.6*	43.7	-	-	-	Other causes-15.6
Naik <i>et al</i> ²⁴	40.5*	-	18.0	31.0	7.8	53.4	Dystocia-10.0
Manjunatha <i>et al</i> ²⁵	20.0	-	28.0	32.0*	-	88.0	Multiple blood transfusion-48.0

*Leading cause. ICU, intensive care unit; LSCS, lower segment caesarean section

patient monitoring. Waterstone's criteria⁸ are based on clinical criteria and are simple to use; however, it has too low a threshold to label the case as near miss. Early pregnancy complications such as ectopic pregnancies and abortions are not included in these criteria. Geller's criteria⁷ on the other hand propose a multiple approach and are mainly based on obstetric

hospitalizations in ICUs. Therefore, these present the serious disadvantage of utility in services with more intensive care availability.

The WHO published MNM criteria based on markers of clinical, management and organ dysfunction in 2011²⁶ for systematic data collection on MNM and

Table IV. Factors contributing to delays in maternal near miss cases

Studies delays	Factors	Purandare <i>et al</i> ¹¹ (%)	Abha <i>et al</i> ¹⁶ (%)	Kulkarni <i>et al</i> ¹⁸ (%)	Reena and Radha ²² (%)	Kumar and Tewari ²³ (%)
Delay 1-D1	Delay in seeking help/care	60.6	44.1		6.3	38.0
	Transport and other logistical problems	30.3	-	20.8	-	
Delay 2-D2 (referral facility)	Lack of equipment and materials	13.6	36.0	Referral-68.2	Access to care-25.0	-
	Lack of blood and blood products	7.6		Lab invest-16.6	Both D1 and D2-12.5	
Delay 3-D3 (present facility)	Lack of equipment and materials, blood and blood products at the present facility	-	19.9	2.7	Adequate and appropriate t/t-18.7	-
					Both D2 and D3-3.1	

development of summary estimates. However, as per these criteria, case is defined as MNM if any of the three criteria are fulfilled. In the present study, out of 25 studies, 13 PS and eight RS used the WHO criteria to identify MNM cases whereas four studies^{19,21,23,31} used other criteria including five scoring system⁷, Waterstone *et al*⁸, Mantel *et al*⁹ and Filippi *et al*¹⁰, indicating a lack of uniformity in the criteria used for diagnosis of MNM cases.

The Ministry of Health and Family Welfare, Government of India, released MNM guidelines in December 2014⁶. These guidelines are applicable in the Indian scenario and are based on a pilot study conducted in six medical colleges across India. The guidelines mention that for identification of an MNM case, minimum three criteria from each category – clinical findings (either symptoms or signs), investigations and interventions must be met; or if any single criteria that signifies cardiorespiratory collapse is present, then the case is identified as MNM. The clinical findings, investigations and interventions have been put under three broad categories – pregnancy specific obstetric and medical disorders, pre-existing disorders aggravated during pregnancy and accidental/incidental disorders of pregnancy. These categories have been further segregated under adverse events such as haemorrhage, sepsis and hypertension⁶. Furthermore it was found that although the data collection period in three studies was after 2014, the researchers have not used the criteria as per the MNM-R guidelines (2014) of GOI. For future studies, there is a need to follow the MNM guidelines in Indian scenario for systematic data collection

on MNM cases and for obtaining proper summary estimates.

The overall MNM: Mortality ratio showed wide variation (1.7:1-21.8:1 for PS and 1.68:1-6.25:1 for RS) using the WHO criteria. It is one of the most sensitive indicators for social inequalities, which shows high inter-State variation within the country.

Third, demographic profile of women with near miss events indicated that the common age group was 20-30 yr. Most studies showed that majority of women had crossed viability period (more than 28 wk) ranging from 24.1 to 72 per cent. This shows that maternal complications develop mostly during the third trimester denoting it as the most vulnerable period for a woman surviving near miss event.

The causes of MNM cases varied across studies. Out of 25 studies, nine (five prospective and four retrospective) studies showed massive blood transfusion (>five units) as one of the criteria of MNM case identification^{4,11,14,15,17,20,22,25,31}. As commonly observed in India, majority of the women were anaemic across studies^{16,18,35} and severe anaemia was overall responsible for the highest number of MNM cases. Other common causes were hypertensive disorders and haemorrhage which can be managed well during antenatal period. Thus, it is important that mothers should be well informed regarding impending warning signs of pregnancy and educated for undergoing regular ANC check-up through involvement of health workers. Regarding the three-delay model, it was noted that the first and second-level delay was most common in the reviewed studies. This may help policymakers to

identify the modifiable factors for corrective actions to be taken.

As far as the three-delay model for MNM cases is concerned, only five of the 13 PS provided any information on the contributory factors. These five studies made only a passing mention of the proportion of cases with level of delays.

As there was a lack of uniformity in using the criteria for MNM across studies conducted in India over the last decade, it was difficult to estimate true prevalence/incidence of MNM which was limitation. A meta-analysis of the data from the published studies were not possible due to a wide variation in selection criteria, definitions, methodological issues and study duration. The present review may hence be influenced by selection as well as recall bias in individual studies other than incomplete information from case record forms in these studies.

Overall, there was a wide variation in the prevalence/incidence of MNM cases across studies. To estimate the true prevalence/incidence of MNM cases, a uniform criteria for the identification of MNM cases as per MNM-R guidelines released by MOHFW, GOI, should be adopted. Furthermore, the denominator used for calculating the prevalence/incidence of MNM should be uniform considering LB being used for calculating MMR. More emphasis should be given on three-delay model to identify modifiable factors and taking corrective measures for reducing MNM cases.

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