



Hospital-acquired infections due to carbapenem-resistant *Providencia stuartii*

Swati Sharma¹, Sangita Pramanik², Pooja Marndi² & Tuhina Banerjee¹

¹Department of Microbiology, Institute of Medical Sciences, Banaras Hindu University & ²Department of Botany, Institute of Science, Banaras Hindu University, Varanasi, Uttar Pradesh, India

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Background & objectives: During the course of a retrospective survey on healthcare associated infections (HAIs) due to carbapenem-resistant organisms, an unusual prevalence of HAIs due to carbapenem-resistant *Providencia stuartii* (CRPS) was found. Hence this study aimed to conduct the occurrence of *P. stuartii* associated HAIs with special reference to the drug resistance profiling of these isolates.

Methods: Of the eight total HAI cases (7.5% of total HAIs and 33.3% of HAIs due to Enterobacterales) of CRPS infections included in this study, three were reported from ventilator-associated pneumonia (VAP), three were surgical site infections (SSIs), one was a catheter-associated urinary tract infection (CAUTI) and one was a bloodstream infection. All the eight CRPS isolates were tested for extended-spectrum β -lactamases production, AmpC hyperproduction as well as carbapenem resistance. Typing of the isolates was performed by repetitive extragenic palindromic polymerase chain reaction (REP-PCR).

Results: All the eight isolates of CRPS were found to be AmpC hyperproducers, carbapenemase producers, and harboured chromosomally located *bla*_{NDM} in seven isolates and *bla*_{IMP} genes in one. All the cases with CRPS infections had prior history of colistin therapy along with prolonged hospital stay (>20 days). The cases were located in five different wards/intensive care unit (ICU) within the hospital in one year. However, strain typing by REP-PCR revealed 100 per cent similarity and clonal relatedness in all the seven isolates carrying *bla*_{NDM} genes. Interestingly, routine hospital surveillance revealed a high carriage of *P. stuartii* in the axilla of patients admitted to the ICU.

Interpretation & conclusions: The study findings suggest CRPS as an important cause of HAIs. This organism often goes unnoticed due to the burden of carbapenem resistance in other Enterobacterales and non-fermenters.

Key words AmpC - *bla*_{NDM} - carbapenem-resistant *P. stuartii* - colistin - intensive care unit

There has been a recent rise in infections due to carbapenem-resistant *Providencia stuartii* (CRPS, *P. stuartii*) throughout the globe¹. While the widespread occurrence of extended-spectrum β -lactamases

(ESBL)-producing *P. stuartii* in hospitalized patients was realized much earlier², outbreaks of CRPS in intensive care units (ICUs), followed by dissemination of such isolates in tertiary care hospitals have been

gradually emerging^{3,4}. Among other species of *Providencia*, *P. stuartii* is the most resistant species towards majority of the antimicrobial agents (AMAs)¹. Once an infrequent cause of healthcare-associated infections (HAIs), this organism is being increasingly isolated from blood, respiratory samples and device related infections, especially in long-term care facilities⁵. Treatment of such infections is challenging owing to their intrinsic resistance to colistin and tigecycline¹. Interestingly, this attribute has facilitated the emergence and spread of this organism as evident by studies indicating the association of its increasing prevalence with increased use of colistin in hospitals⁶. As developing countries are often the biggest producers and consumers of these classes of AMAs, *P. stuartii* could be an underrecognized threat in such setups due to the paucity of reports on this organism. Realizing the need, this study aimed to assess the occurrence of *P. stuartii*-associated HAIs in a tertiary care hospital in North India.

Material & Methods

The present study was conducted in the department of Microbiology and the associated 1500-bedded tertiary care hospital of Banaras Hindu University, Varanasi, in North India. In the course of a retrospective survey (between March, 2019 - February, 2020) on HAIs due to carbapenem-resistant *Acinetobacter* spp., a total of eight cases of HAI due to *P. stuartii*, constituting 7.5 per cent of all HAIs and 33.3 per cent of HAIs due to carbapenem-resistant Enterobacterales were detected. The study was approved by the Institutional Ethics Committee.

Isolates were revived from stock cultures that were maintained in cryovials containing 10 per cent glycerol at -80°C . The cultures were revived by gently scraping the surfaces of the frozen vials without thawing and plating a loopful on Luria Bertani agar, followed by overnight incubation. The revived isolates were further analyzed as mentioned below. Medical records were retrospectively reviewed for these cases.

The identification of the bacterial isolates was confirmed in the M50 Phoenix system (Becton Dickinson Microbiology Systems, Sparks, MD, USA). Antimicrobial susceptibility testing against amikacin (30 μg), gentamicin (10 μg), imipenem (10 μg), meropenem (10 μg), cefotaxime (30 μg), cefepime (30 μg), ampicillin (10 μg), amoxicillin-clavulanate (20/10 μg), piperacillin-tazobactam (100/10 μg), trimethoprim-sulfamethoxazole (1.25/23.75 μg),

chloramphenicol (30 μg), ciprofloxacin (5 μg) and levofloxacin (5 μg) was done by disc diffusion method and corroborated with the results of BD Phoenix for the majority of the antimicrobials. For quality control, *Escherichia coli* ATCC 25922 was used. However, for imipenem, meropenem and minocycline, minimum inhibitory concentration (MIC) was detected by broth microdilution method as per standard protocols⁷. All the isolates were screened for probable ESBL production based on the revised zone diameters considering *E. coli* ATCC 25922 as control⁷. Detection of ESBL genes was done by multiplex PCR using primers for *bla*_{TEM}, *bla*_{SHV}, *bla*_{CTXM-1, 2, 9} and *bla*_{OXA-2, 10} as described elsewhere⁸. Screening for AmpC hyperproduction was done by cefoxitin disc (30 μg) and confirmed by disc antagonism test using cefoxitin (30 μg) and cefotaxime (30 μg) discs⁹. *E. coli* ATCC 25922 served as a control.

Carbapenemase production in the isolates was detected by Carba NP test (bioMérieux Diagnostics, France). Molecular detection of Class A and Class B carbapenemases was done by multiplex PCR as described per reference^{10,11}. Previously characterized and published isolates were considered as positive controls for both ESBL and carbapenemase genes¹². Molecular grade water was used as a negative control. All the primers used in the study are tabulated in Supplementary Table.

Isolation of plasmid DNA was done using QIA Spin Mini Prep kit (Qiagen) based on alkaline lysis of bacterial cells. Detection of carbapenemase genes was repeated from the DNA of the isolated plasmids.

Strain typing was done by repetitive extragenic palindromic-PCR (REP-PCR). REP1- and REP2-specific primers were used for amplification as previously described¹³. Gel imaging was done using Bio-rad gel imager (BioRad Laboratories Pvt. Ltd, India) and dendrogram was constructed using NTSYS pc 2.02 software (NY, USA).

Results

In this study, the eight isolates of *P. stuartii* from different HAIs constituted 33.3 per cent of all HAIs due to carbapenem-resistant Enterobacterales, being the second-most common isolate after *Klebsiella pneumoniae*. The associated HAIs were from (VAP, 3 cases), (SSIs, 3 cases), (CAUTI, 1 case) and (BSIs, 1 case). These cases were located in five different locations including surgery, medicine, chest, urology wards and ICU of the hospital as shown in Table I. All the patients had prior colistin and/or

Table I. Clinical characteristics of the *Providencia stuartii*-associated, healthcare-associated infection cases

Characteristics	Cases (n)							
	C1	C2	C3	C4	C5	C6	C7	C8
Sex/age (year)	20/male	28/male	42/male	30/male	32/male	57/male	25/male	18/male
Diagnosis	VAP	VAP	SSI	SSI	SSI	CAUTI	BSI	VAP
Hospital admission >20 days	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Admission site	ICU	ICU	Surgery ward	Surgery ward	Surgery ward	Urology ward	Medicine ward	Chest ward
Specimen	ETA	ETA	Pus	Pus	Pus	Urine	Blood	Sputum
<i>P. stuartii</i> isolation date	May 26, 2017	September 12, 2017	November 7, 2017	November 22, 2017	December 18, 2017	December 21, 2017	March 13, 2018	April 24, 2018
Outcome	Expired	Expired	Survived	Expired	Expired	Survived	Expired	Survived
Prior use of colistin	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

VAP, ventilator-associated pneumonia; SSI, surgical site infection; CAUTI, catheter-associated urinary tract infection; BSI, blood stream infections; ICU, intensive care unit; ETA, endotracheal aspirate; *P. stuartii*, *Providencia stuartii*

tigecycline therapy and prolonged hospitalization of more than 20 days. The details of the cases are summarized in Table I.

All the isolates were fully resistant (100%) to ampicillin, cefazolin, cefoxitin, ceftazidime, cefotaxime, cefepime, amoxicillin–clavulanate, piperacillin–tazobactam, imipenem, meropenem, amikacin, gentamicin, ciprofloxacin and levofloxacin, but were 100 per cent susceptible to aztreonam and minocycline, as shown in Table II. None of the targeted ESBL genes were detected. All the isolates were AmpC hyperproducers. All the isolates showed carbapenemase production by Carba NP test. Among the isolates, seven showed the presence of *bla*_{NDM-1} gene, while one was positive for *bla*_{IMP} (Fig. 1). None of the carbapenemases were detected in the plasmids of the isolates. Strain typing revealed two different REP-PCR profiles. All the isolates harbouring *bla*_{NDM-1} were clonally related with 100 per cent similarity (Fig. 2).

Discussion

This study identified the emergence of CRPS-associated HAIs in a tertiary care hospital of India which is important because, to the best of our knowledge, this is the first extensive prevalence-based report on CRPS from the Indian subcontinent. There have been only a few reports on *P. stuartii* in global literature⁵. A quick literature search on the available studies reveals considerable dearth of data on *P. stuartii* from clinical cases. There have been infrequent reports on carbapenem-resistant *P. rettgeri* from other Asian

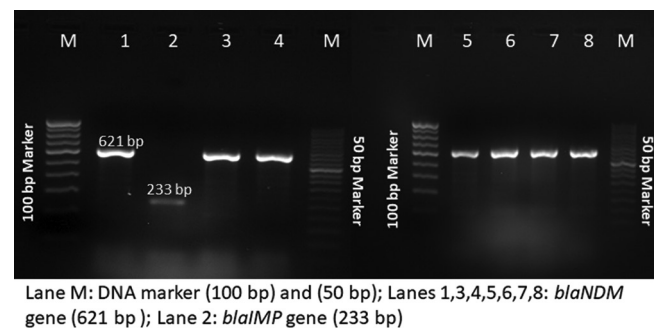


Fig. 1. Gel image showing the presence of Class B carbapenemases in the CRPS isolates. CRPS, carbapenem-resistant *Providencia stuartii*.

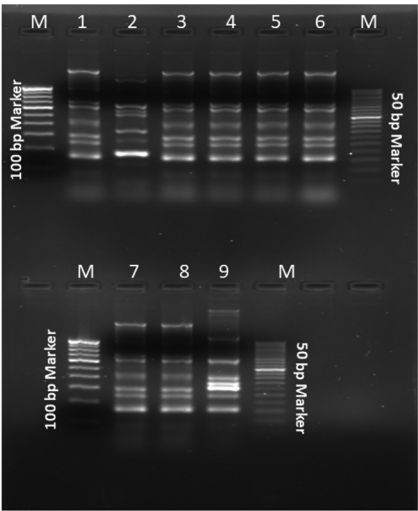
countries including India, China, Pakistan, Nepal, Japan and Afghanistan. Only single cases have been reported along with other Enterobacterales⁵. The clinical relevance of *P. stuartii* as a nosocomial pathogen has not been studied or documented so far from these regions. This study too was the result of incidental findings of the emergence of this organism while trying to estimate the prevalence of carbapenem-resistant *Acinetobacter* spp.-associated HAIs. However, a handful of studies across the globe had already alerted about the emergence of *P. stuartii* as a potential nosocomial pathogen¹⁴⁻¹⁶.

The emergence of ESBL-producing *P. stuartii* was reported in a study from Italy in 2004² followed by reports of outbreaks from across the globe. Among the ESBLs, reports of association of certain genes like *bla*_{PER-1} have been increasingly associated with *Providencia* infections¹⁷. But in recent reports,

Table II. Susceptibility profile of the carbapenem-resistant *Providencia stuartii* isolates

Isolate number	MIC (µg/ml)					ESBL gene	AmpC	Carbapenemase genes	
	Doripenem	Meropenem	Imipenem	Aztreonam*	Minocycline			Class A	Class B
C1	8	8	128	≤2	2	–	+	–	<i>bla</i> _{NDM}
C2	32	64	128	≤2	2	–	+	–	<i>bla</i> _{IMP}
C3	32	32	128	≤2	2	–	+	–	<i>bla</i> _{NDM}
C4	32	8	128	≤2	2	–	+	–	<i>bla</i> _{NDM}
C5	4	8	256	≤2	2	–	+	–	<i>bla</i> _{NDM}
C6	4	8	256	≤2	2	–	+	–	<i>bla</i> _{NDM}
C7	4	8	128	≤2	2	–	+	–	<i>bla</i> _{NDM}
C8	4	8	128	≤2	2	–	+	–	<i>bla</i> _{NDM}

*BD Phoenix M50 Antimicrobial Susceptibility Testing result. MIC, minimum inhibitory concentration; ESBL, extended-spectrum β-lactamases



Lane M: DNA marker (100 bp) and (50 bp); Lanes 1-8: REP PCR profile of *P. stuartii* isolates; Lane 9: Positive control

Fig. 2. Gel image of REP PCR in CRPS isolates showing similarity. REP PCR, repetitive extragenomic palindromic polymerase chain reaction; CRPS, carbapenem-resistant *Providencia stuartii*.

P. stuartii-producing Class A and D ESBLs have been mentioned¹⁸. In this study, however, none of the tested ESBL genes were detected in the isolates. Instead, all the isolates were hyperproducers of AmpC beta-lactamases. Consequently, the isolates showed extensive resistance to almost all generations of cephalosporins and other penicillins along with beta-lactamase inhibitor combinations.

The presence of carbapenemase-encoding genes such as *bla*_{NDM-1} and *bla*_{IMP} accounted for the carbapenem resistance phenotype of these isolates. Among the carbapenemase genes in *P. stuartii*, *bla*_{NDM-1} is reported to be the most common mechanism of carbapenem

resistance⁵. However, carbapenem resistance in *Providencia* due to non-carbapenemase mechanisms has also been reported, where AmpC hyperproduction has accounted for carbapenem resistance³. In this type of non-carbapenemase mechanisms, the carbapenem-resistant phenotype is often due to de-repression of chromosomal AmpC production along with other alterations in outer membrane proteins, efflux pumps and penicillin-binding proteins. Both these mechanisms were seen in these isolates, a fact accounting for the considerably higher MIC for imipenem depicted in these isolates. The spread of these AmpC hyperproducing isolates contributing to carbapenem resistance is really bothersome owing to the limited therapeutic options available against these strains. Therapy with aztreonam and minocycline based on susceptibilities was the only therapeutic option in these infections. However, minocycline therapy is not a feasible option, especially in resource-limited countries like ours due to cost factors associated with minocycline therapy. Similarly, in the absence of effective agents for combination therapy with aztreonam in these cases, this option could not be utilized in the treatment of the patients. Consequently, failure to treat these cases with the appropriate choice of AMAs was a major challenge.

The clonal relatedness of these isolates hinted towards the hospital-wide dissemination of the same clone from one ward to the other. Although not within the scope of this study, we propose that frequent movement and regular duty exchanges of healthcare workers across these wards could be contributing towards the wide dissemination of these isolates through unsatisfactory infection control practices. It

has been reported that multiple strains of *P. stuartii*, can be simultaneously present in a particular setting¹⁸. Studies have also suggested the ability of inter-hospital transfer in such well adapted hospital clones¹⁴.

Studies have predicted that excessive colistin usage in hospitals provides a survival advantage to these intrinsically colistin-resistant organisms, *P. stuartii*⁶. With the growing burden of carbapenem-resistant Enterobacterales and non-fermenters in the hospitals, colistin therapy as the last resort treatment is already on the rise. All the cases in the present study had received colistin therapy before the isolation of this organism. Similarly, it could be predicted that owing to the previously studied burden of carbapenem resistance in the study setup¹⁹, colistin usage was relatively high.

P. stuartii has been a recognized colonizer in long-term care facilities. Outbreaks of *P. stuartii* have often been controlled by emphasizing decontamination of common equipment or point prevalence survey for the detection of colonization²⁰. The tertiary care hospital in this study had previously witnessed endemicity of *Acinetobacter*, especially in the ICUs¹⁹. To trace the possible reservoirs, recently, a surveillance protocol was planned and performed (December 2019 - February 2020) to screen the hospital environment including the high-touch surfaces such as bedrails, beddings, drip stands, suction tubes and skin surfaces of the patients²¹. Interestingly, the surveillance revealed the frequent presence of *P. stuartii* (32/90, 35.6%) in the axillary swabs of the patients. In addition, the presence of *P. stuartii* on the skin was significantly associated with those patients who were on colistin or polymyxin B therapy. Therefore, further studies should focus on whether skin colonization is the potential reservoir of *P. stuartii* for these HAIs.

The study was not without limitations. It was a retrospective survey, and the current trend of similar infections could not be assessed. Genome analysis of these isolates and study of other mechanisms of carbapenem resistance was not within the scope of this study. However, this is the first extensive report on the emergence of CRPS from one of the developing countries, which might be of significance to raise awareness on *P. stuartii* in HAIs and the real challenge of treating these infections. Therefore, early interventions in the form of curbing excessive usage of antibiotics, particularly colistin and prudent use of carbapenems to reduce selection of carbapenem-resistant organisms, should be endeavoured.

Further studies should be intended to estimate the actual burden of the problem and for early identification of this pathogen.

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For correspondence: Dr Tuhina Banerjee, Department of Microbiology, Institute of Medical Sciences, Banaras Hindu University, Varanasi 221 005, Uttar Pradesh, India
e-mail: drtuhina@yahoo.com

Supplementary Table. Details of primers used in this study

Primer pairs	Sequence (5'-3')	Target	Base-pair	Reference
TEM F TEM R	ATGAGTATTCAACATTTCCG CTGACAGTT ACCAATGCTTA	<i>bla</i> _{TEM}	867	8
SHV F SHV R	AGGATTGACTGCCTTTTTG ATTTGCTGATTTCGCTCG	<i>bla</i> _{SHV}	392	
CTX-M-A CTX-M-B	CGCTTTGCGATGTGCAG ACCGCGATATCGTTGGT	<i>bla</i> _{CTXM-1,2,9}	550	
OXA I F OXA I R	TCAACAAATCGCCAGAGAAG TCCCACACCAGAAAAACCAG	<i>bla</i> _{OXA-10}	276	
OXA II F OXA II R	AAGAAACGCTACTCGCCTGC CCACTCAACCCATC CTACCC	<i>bla</i> _{OXA-2}	478	
GES-F GES-MR	GCTTCATTACGCACTATT CGATGCTAGAAACCGCTC	<i>bla</i> _{GES1-9, 11-20}	323	10
IMI (NMC)-F1 IMI (NMC)-R1	TGCGGTCGATTGGAGATAAA CGATTCTTGAAGCTTCTGCG	<i>bla</i> _{IMI13} and <i>bla</i> _{NMC-A}	399	
SME-F1 SME-R1	ACTTTGATGGGAGGATTGGC ACGAATTCGAGCATCACCAG	<i>bla</i> _{SME1-3}	551	
KPCF2 KPCFR	GTATCGCCGTCTAGTTCTGC GGTCGTGTTTCCCTTTAGCC	<i>bla</i> _{KPC2-13}	638	
IMP-F IMP-R	GGAATAGAGTGGCTTAAYTCTC GGTTTAAAYAAAAACAACCACC	<i>bla</i> _{IMP}	232	11
VIM-F VIM-R	GATGGTGTTTGGTCGCATA CGAATGCGCAGCACCAG	<i>bla</i> _{VIM}	390	
NDM-F NDM-R	GGTTTGCGGATCTGGTTTTTC CGGAATGGCTCATCAGGATC	<i>bla</i> _{NDM}	621	
REP1 REP2	IIIGCGCCGICATCAGGC ACGTCTTATCAGGCCTAC	-	-	13