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Retropharyngeal abscess in cutaneous T-cell lymphoma, resembling immune reconstitution syndrome



A 55 year old diabetic male[†], recently diagnosed non-Hodgkin's lymphoma (NHL, cutaneous T cell)

presented to department of Medical Oncology, Amrita Institute of Medical Sciences, Cochin, India,

[†]Patient's consent obtained to publish clinical information and images.

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in October 2019, with throat pain. Positron emission tomography-computed tomography (PET-CT) showed fluorodeoxyglucose (FDG)-avid lower cervical nodes (Figure A), FDG avid hypodense collection in the retropharyngeal space and extensive unsuspected mediastinitis (Figure B). Cryptococcus neoformans was isolated on culture from the site of abscess. Skin and subcarinal nodes were biopsied (Figure C- E). Amphotericin B (0.8 mg/kg/day) and flucytosine (100 mg/kg/day in 4 divided doses) were given, however, after three days, the patient developed high fever, malaise, oliguria and septic shock. Lactate dehydrogenase, inflammatory markers, CD4+ cells were elevated and the illness mimicked immune reconstitution inflammatory syndrome (IRIS) usually described in HIV patients post-antiretroviral therapy. However, in this non-HIV, NHL (cutaneous T cell type) patient with retropharyngeal abscess, extensive mediastinitis (with tracking sinuses) mimicked IRIS (type 1) after starting antifungal therapy. FDG PET/CT was incremental in upstaging lymphoma (stage IIE) and illustrated all sites of occult infection in neck, beneath sternocleidomastoid, and mediastinum; facilitating complete surgical debridement and faster amelioration of symptoms. Phototherapy (Psoralen and ultraviolet light A *i.e* PUVA), immunomodulators like steroids were started. The patient showed clinical improvement after 4 weeks of initiating antifungal therapy.

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Conflicts of Interest: None.

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