DOI: 10.4103/ijmr.ijmr 1400 21

Letter to Editor



The role of demography in COVID-19 in India

Sir,

The article on demographic and clinical profile of patients with COVID-19 by Soni et al¹ was interesting. However, the authors considered only age and gender among demographic profile. Several studies across the globe have indicated the importance of other demographic variables. For example, a study from Brazil highlighted a higher mortality rate in deprived areas². Another study from the UK found a 2-3 times higher risk of death in the most deprived section³. A report from Columbia underscored a higher risk of dying in the indigenous people with very low socio-economic strata⁴. Household overcrowding or population density has also been implicated in setting up a vulnerable background for COVID-195. A study from India indicated the role of population density, the percentage of urban population and the percentage of Scheduled Caste population in determining the prevalence of COVID-19 in a district⁶. It also needs to be highlighted that the patients admitted to a tertiary hospital are very different from their counterparts in the community.

Demography is important, as for a poor asymptomatic patient from rural areas, this is difficult to plan a visit to the nearest diagnostic centre. Studies focusing on demography may not ignore such facts. Consideration of all demographic factors would have enriched the study and helped the policymakers to identify the most vulnerable group.

Conflicts of Interest: None.

Manas Pratim Roy

Public Health Specialist, Ministry of Health and Family Welfare, New Delhi 110 001, India manas_proy@yahoo.co.in

Received May 13, 2021

References

- Soni SL, Kajal K, Yaddanapudi LN, Malhotra P, Puri GD, Bhalla A, et al. Demographic & clinical profile of patients with COVID-19 at a tertiary care hospital in north India. Indian J Med Res 2021; 153: 115-25.
- 2. Silva J, Ribeiro-Alves M. Social inequalities and the pandemic of COVID-19: The case of Rio de Janeiro. *J Epidemiol Community Health* 2021; 75: 975-9.
- Woodward M, Peters SAE, Harris K. Social deprivation as a risk factor for COVID-19 mortality among women and men in the UK Biobank: Nature of risk and context suggests that social interventions are essential to mitigate the effects of future pandemics. *J Epidemiol Community Health* 2021; 75: 1050-5.
- Cifuentes MP, Rodriguez-Villamizar LA, Rojas-Botero ML, Alvarez-Moreno CA, Fernández-Niño JA. Socioeconomic inequalities associated with mortality for COVID-19 in Colombia: A cohort nationwide study. *J Epidemiol Community Health* 2021; 2020: 216275.
- 5. Wong DWS, Li Y. Spreading of COVID-19: Density matters. *PLoS One* 2020; *15*: e0242398.
- Tamrakar V, Srivastava A, Parmar MC, Shukla SK, Shabnam S, Boro B, et al. District level correlates of COVID-19 pandemic in India. medRxiv 2020. Doi: 10.1101/2020.10.08.20208447.